



Little Foresters Crèche Food and Diet Policy

Healthy eating habits will be promoted and social skills developed and encouraged during refreshment time.

The use of foods containing additives, preservatives and food colourings will be minimised.

All dietary requirements must be respected including:

- Personal
- Medical
- Religious

Children have access to drinks as required. Diets and eating practices of all cultures will be positively valued, giving children an opportunity to identify with the familiar and to learn to enjoy and respect others traditions. Attention will be given to hygienic storage and waste disposal, Food Safety Act 1990 and Food Hygiene Amendment (Regulations 1990). Advice will be sought from the Environment Officer where needed.