



Little Foresters Crèche Health and Hygiene Policy and Practice

The setting is a non smoking setting.

The group will promote a healthy lifestyle and a high standard of hygiene in its day to day work with children and adults. This will be achieved in the following ways:

- Food
- Illness
- Information sources
- Hygiene

Food

When cooking as an activity, hands of both adults and children will be washed before handling food.

Illness

Parent/carers will be asked to keep their children at home if they have any infection and to inform the group so other parents/carers can be alerted. Parents should not bring a child who has been vomiting or had diarrhoea until twenty four hours has elapsed since the attack. If the children of staff are unwell they will not accompany them to work in the group. Cuts or open sores must be dressed. The group will ensure the first aid box is kept well stocked. If a child is taking prescribed medication the following procedures should be followed: -

Group staff may administer medication to children in their care, but only with the written consent of the parent/carer.

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A medication book will be kept where information is held as to when and who administered the medicine.

Hygiene

To prevent the spread of infection adults in the group should ensure that the following practices are observed;

Personal Hygiene

- Hands washed after using the toilet.
- Earrings should not be shared.
- Tissues will be available to encourage children to blow their noses.
- Cleaning and clearing.

Food

The group will observe current legislation regarding food hygiene, administration and training.

In particular each adult will:

- Always wash their hands under running water before handling food and after going to the toilet.
- Ensure the kitchen area is free from contamination.
- Never cough or sneeze over food.
- All children will wash their hands before eating
- All fruit and vegetables are washed before eating